



# Inclusion, Diversity and Equality of Opportunity



**Purpose:** To help participants understand and explore their diverse community.


**Participant learning objectives:**

1. Understand and explore diversity within the community
2. Be familiar with contributions diverse groupings make to society
3. Understand advantages of living in a diverse society

3

CONTENT	METHODS/ RESOURCES <i>Slides 22-29 can assist with this session.</i>	APPROX. TIME
<p><b>What is Community?</b></p>	<p>Remind participants that last week we learned about how we are all unique and that we share lots of similarities and differences with one other – variety is what makes life fun! This session will look wider than diversity within our friendship groups/ youth club and will look at diversity within the wider community/ society.</p> <p>Ask participants to brainstorm what they think community means? This can be done as a whole group discussion.</p> <p>Provide participants with definitions of community. Explain that when we talk of community, we are either talking about the place where you live e.g., your village, street, town; or we are talking about a specific group of people who share a part of their identity/ have something in common e.g., Protestant community, Catholic community, school community, football community, etc.</p>	<p>10 minutes</p>



<p><b>Northern Ireland to the Outsider</b></p>	<p>You can carry out this activity in smaller groups or as one large group discussion.</p> <p>Ask participants to think about how people, who don't live in NI, would describe here. Discuss what they would say about the culture of NI:</p> <ul style="list-style-type: none"> <li>- Food we eat</li> <li>- What we drink</li> <li>- Clothes we wear</li> <li>- Music we listen to</li> <li>- The people who live here (Are we friendly, helpful etc.?)</li> <li>- Famous things about NI</li> <li>- Famous people in NI</li> <li>- What people think of when they hear NI</li> </ul> <p><b>Debrief:</b> Are these true reflections of the society we live in? Did this activity help you to explore Northern Ireland a bit further?</p>	<p>30 minutes</p>
<p><b>Scavenger Hunt</b></p>	<p><b>Resources:</b>  <a href="#">Scavenger hunt</a>  <a href="#">Reflectors/ safety equipment/ torches etc. if taking a walking tour</a>  <a href="#">Smart phones for photographs</a>  <a href="#">Notepads/ pens</a>  <a href="#">Flipchart</a>  <a href="#">Markers</a>  <a href="#">Pens</a>  <a href="#">Prize for scavenger hunt winners (optional)</a></p> <p>The purpose of this exercise is to encourage further reflection on what comprises community, what assets are available in the community (both places and people) and opportunities for positive encounters with diversity and difference.</p> <p>Spilt participants into smaller groups. Inform participants that this next activity is a scavenger hunt. The aim of the scavenger hunt is to find everything on the list (accurately!) in the shortest period of time. This task works best when participants take a walking tour of their local community. If this is not possible, google maps can be used to assist participants. Ensure boundaries and routes are established prior to leaving your base and ensure an adequate risk assessment is carried out to safeguard staff and participants.</p>	<p>90 minutes</p> 

	<p>Evidence can be photographs, google map images or simply writing in the answers/ locations – do what works best for your group.</p> <p>Once back at your base and/ or groups have completed the scavenger hunt, ask participants to reflect on their findings and discuss the following:</p> <ul style="list-style-type: none"> <li>• What are the positive things about living in my area? Think about what resources/ amenities are available and what positive things or opportunities diverse groupings bring to the area.</li> <li>• Is there any separation or segregation between different community groupings? Why? How could we help to integrate and welcome everyone better into the community?</li> <li>• Does your community celebrate diversity? If so, how?</li> <li>• What are the advantages of living in a diverse society? Think about the different languages, cultures, food, etc.</li> </ul> <p>Ask each group to present and discuss their ideas to the rest of the group.</p> <p><b>Debrief:</b> What aspects of their community make them feel proud? What aspects make them feel frustrated? What are the opportunities for sharing and learning from diverse groups? How can we better celebrate diversity?</p>	
<p><b>Icebreaker - Word Chain Memory Game</b></p>	<p>This activity will help participants refresh some of the learning from last week on the advantages of a diverse society.</p> <p>The leader starts a sentence with ‘Thanks to diversity, I...’ and each participant adds their own personal contribution. It should run something like: ‘Thanks to diversity, I tried vindaloo curry, X went to salsa classes, Y marched in the gay Pride festival, Z learned martial arts’ etc. Each participant must remember what the person/ people before them said. The person who is last must recite everyone’s thanks when it is their turn!</p> <p>This activity will help to demonstrate that living in a diverse society has many benefits (hopefully they covered these in the scavenger hunt de-brief!):</p> <ul style="list-style-type: none"> <li>• Promotes tolerance and understanding between different cultures</li> <li>• Enriches our community through shared experiences with different people</li> <li>• Attracts more money to our economy through the growth of different businesses</li> <li>• Relieves skills shortages as 4 per cent of Northern Ireland’s workforce is made up of migrants — many of our doctors and nurses were born overseas.</li> </ul>	<p>30 minutes</p>

	<p><b>Debrief:</b> There are lots of skills, knowledge, and talents here in NI, and these come from people of all walks of life – different ages, genders, races etc. It is important to acknowledge and celebrate diversity within society.</p> <p>Next week will re-iterate the importance of this and as the weeks progress, we will learn ways and means to be a more welcoming and inclusive society.</p>	
<p><b>Check-Out/ Evaluation</b></p>	<p><b>Resources:</b>  <a href="#">Informal evaluation ideas</a></p> <p>Choose an activity from the list provided.</p>	<p>10 minutes</p>



# Scavenger Hunt

Find someone/ somewhere in your community that...

You love	You are proud of	Is popular amongst young people	You buy your clothes from
Represents your culture and/or religion	Represents a different culture and/ or religion than your own	Is very well-known	Speaks a different language
Makes you feel unsafe	Is helpful for someone with a disability	You can go to if you need help or support	Is mainly used by older people
Plays pop music	You go to for a take-away	Divides us	Brings people together
Helps you learn a new skill	Hosts events where all members of the community are welcome	Works to help those who are going through tough times	Celebrates diversity