



Participation



Accredited Youth Work Programmes
14 – 18 Years

Learner Name:

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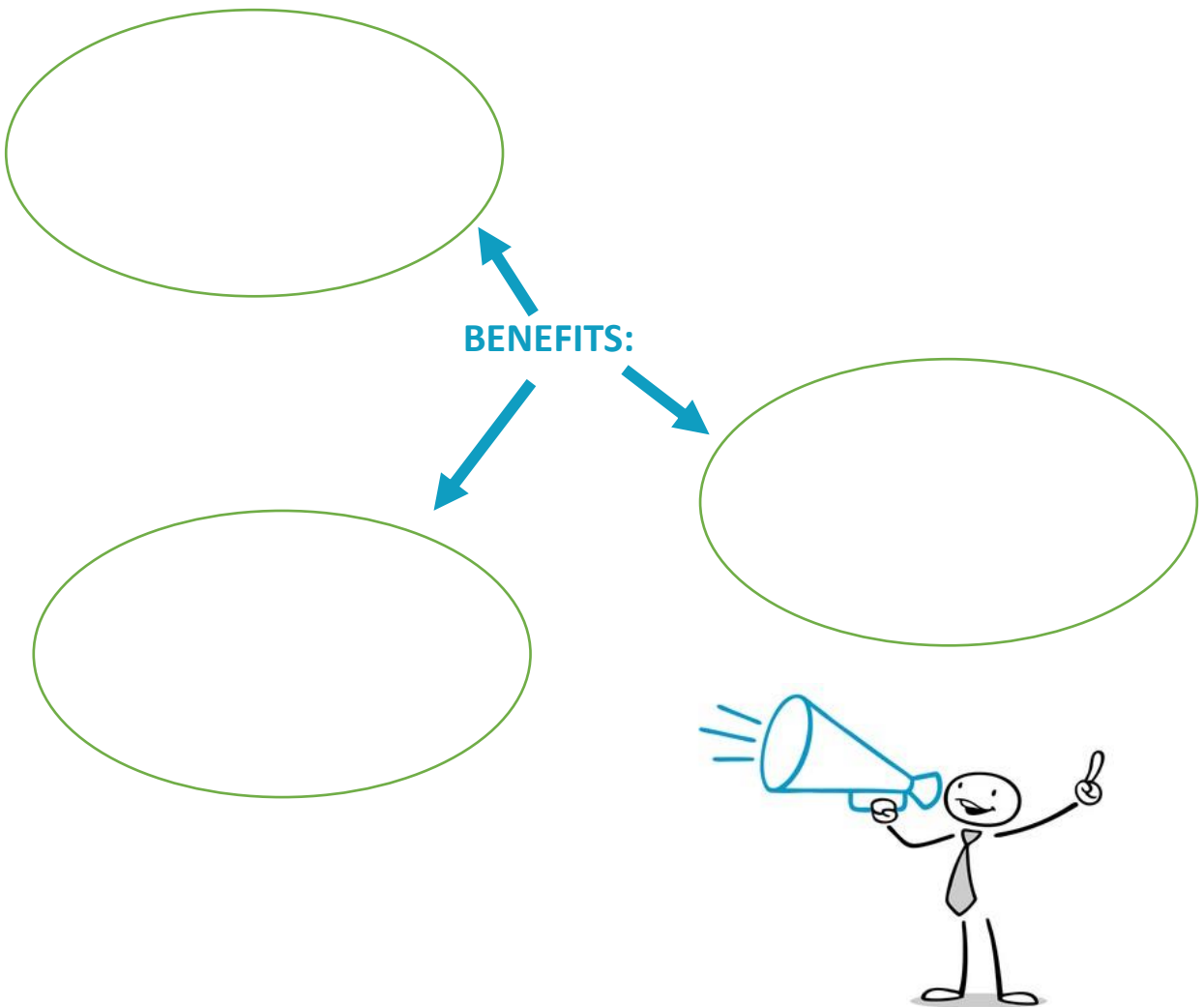
Youth Club:

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1 Introduction to Participation


Explain what is meant by 'Participation' in Youth Work

List three benefits of youth participation for your community/wider society.



2 Essential Participation Skills - Communication

List three ways in which we can communicate and the benefits of each.

Communication Method	Benefit(s) of this Method
1	
2	
3	

Outline three skills required for effective communication and rate your own skills in these areas.

Skill	Why is this important when communicating?	How do you rate yourself? 1 = Poor 5 = Excellent
		1 2 3 4 5
		1 2 3 4 5
		1 2 3 4 5

3 Essential Participation Skills – Teamwork & Negotiation

Outline three advantages of working within a team.

1 _____

2 _____

3 _____

Outline three skills required for effective teamwork and negotiation and rate your own skills in these three areas.

Skill	Why is this important for Teamwork & Negotiating?	How do you rate yourself? 1 = Poor 5 = Excellent
		1 2 3 4 5
		1 2 3 4 5
		1 2 3 4 5



4 Self-Awareness

Explain what it means to be self-aware.

Identify a decision you made that reflects your personal values.

Decision:

Personal Value It Relates To:

Identify a decision you made that went against your personal values.
Explain what else influenced your decision.

Decision:

Personal Value It Goes Against:

What Else Influenced Decision?

5 Community

Identify three assets or opportunities available in your community and outline how they can/ do benefit you.

Describe the impact this has on you as an individual.

Assets/ Opportunities	Benefit(s) to you	Impact
1		
2		
3		



6 Advocacy

Explain what is meant by the term advocacy.

Outline three situations where you may take on an advocacy role.

Identify skills required to take on advocacy role and places/ people who could support you.

Advocacy situation	Skills required	Places/ people who could support you
1		
2		
3		

7 Leadership & Skills Assessment

Summarise the skills and qualities required for effective leadership.

Skills

Qualities

Conduct a SWOT analysis to assess your ability to actively participate

Strengths	Weaknesses
Opportunities	Threats

8 Exploring Social Action

List three benefits of social action to the individual carrying it out.

1 _____

2 _____

3 _____

List three benefits of social action to others/environment.

1 _____

2 _____

3 _____

List the four steps to social action success and offer a brief explanation for each.

1

2

3

4

9 Social Action – In Action

Outline what is meant by SMART and its importance in action planning.

SMART	Importance in Action Planning
S	
M	
A	
R	
T	



Create an Action Plan for a planned Social Action Event/
Campaign/Activity

Overall Vision:

What Needs To Be Done?	Who Is Doing It?	When Will It Be Completed?	What Resources Are Needed?	Who Else Can Help/Support?	What Will This Achieve?

10 Looking Back, Planning Ahead

Identify three ways in which we can measure success.

1 _____

2 _____

3 _____

Evaluate a social action event/ campaign/ activity that you have taken part in.

What outcomes did this social action project achieve and how do you know?

How Could You Build On This Piece Of Work?

Identify two strengths and two weaknesses you showed during the delivery of your social action project.
What area(s) would you like to develop? (Continue on next page)



I certify that all work is my own.

Signature: Date:

Tutor Signature:

