



Participation



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Purpose: To help participants understand and explore their community.

Participant learning objectives:

1. Understand importance of community
2. Be motivated and able to use opportunities available in the community
3. Understand the connection between individual and community

CONTENT	METHODS/ RESOURCES <i>Slides 54-61 can assist with this session.</i>	APPROX. TIME
What is Community?	<p>Ask participants to brainstorm what they think community means? This can be done as a whole group discussion.</p> <p>Provide participants with definitions of community. Explain that when we talk of community, we are either talking about the place where you live e.g., your village, street, town; or we are talking about a specific group of people who share a part of their identity/ have something in common e.g., religious community, sports community, interest community.</p>	5 minutes
Scavenger Hunt	<p>Resources: Scavenger hunt Reflectors/ safety equipment/ torches etc. if taking a walking tour Smart phones for photographs Notepads/ pens Flipchart Markers Pens Prize for scavenger hunt winners (optional)</p> <p>The purpose of this exercise is to encourage further reflection on what comprises community, what assets are available in the community (both places and people), to reflect on shared and segregated spaces, opportunities for positive engagement, and perhaps what is missing in the community/ what could be improved.</p>	90 -120 minutes



	<p>Spilt participants into smaller groups. Inform participants that this next activity is a scavenger hunt. The aim of the scavenger hunt is to find everything on the list (accurately!) in the shortest period of time. This task works best when participants take a walking tour of their local community. If this is not possible, google maps can be used to assist participants. Ensure boundaries and routes are established prior to leaving your base and an adequate risk assessment is carried out to ensure the safety of all staff and participants.</p> <p>Evidence can be photographs, google map images or simply writing in the answers/ locations – do what works best for your group.</p> <p>Once back at your base and groups have completed the scavenger hunt, ask participants to reflect on their findings and discuss the following three points:</p> <ul style="list-style-type: none"> • What are the positive things about living in your area? Think about what resources/ amenities are available, influential people who live there, how well looked-after it is etc. Do we utilize these things? • What are some of the negative things about living in the area? Think about how these things make you feel. Do they make you feel unsafe? Do they affect your own personal well-being? Who is responsible for these negative issues? • What further opportunities does your community present? • How could you make your community better? <p>Ask each group to present and discuss their ideas to the rest of the group.</p> <p>Debrief: The community where we live, and other communities in which we are a part of, have a massive impact on who we are as individuals. It is thus important to help look after our communities and spread kindness within our communities.</p>	
<p>Impact of community on the individual.</p>	<p>Resources: Flip chart Markers</p> <p>Introduce the proverb ‘It takes a village to raise a child’. Brainstorm with the group – Do you agree with this proverb? How does our community influence us as individuals? How can we influence our community as individuals?</p> <p>Remind participants of the knowledge and skills learned to date – What participation is and why it is important, communication skills, teamwork and negotiation skills, self-awareness, and community/ societal awareness. Explain to participants that utilizing this knowledge and these skills will help them to have a greater influence on their community as individuals or as a group.</p>	<p>20 minutes</p>
<p>Evaluation/ Check-out</p>	<p>Resources: Informal evaluation ideas</p> <p>Choose an activity from the list provided.</p>	<p>10 minutes</p>

Scavenger Hunt

Find something/ somewhere in your community that...

You love	You don't like	Is popular amongst young people	Helps you learn
Helps you keep fit	Is peaceful and quiet	You couldn't live without	You use or go to everyday
Could save your life	Keeps the place tidy	You can go to if you need help	Is dangerous
You avoid	Makes you feel good	Is fun!	Plays music
Helps you learn a skill	You wouldn't go to on your own	Makes you happy	You need more of