



## Living in Safety and Stability



# Assessment Record

## Assessment Record

This is the formal assessment record which should be completed for each participant undertaking the programme.



Module Title	Living in Safety & Stability
Age Band:	9-13 Years
Participant Name:	
Club/Centre:	
Tutor:	

Learning Outcomes	Achieved (tick) & Date	Evidence Generated	Further Comments and/or Action Required
<b>1 Introduction to Living in Safety and Stability</b> Understand the purpose and requirements of the programme Understand what is meant by Living in Safety & Stability			
<b>2 Staying Safe Online</b> Understand online risks relating to contact, contact, conduct and commercial Understand healthy and unhealthy behaviours within online and offline friendships/ relationships Understand the importance of permission and consent in relation to sharing content Understand the importance of seeking help from a trusted adult if needed			

<p><b>3 Staying Safe in the Community</b>          Understand how to stay safe as a passenger and as a pedestrian on the road          Increase awareness of own community and the resources available          Be aware of different support systems available to young people</p>			
<p><b>4 Managing Risk</b>          Understand the meaning of risk and the difference between good and bad risk          Recognise risky situations and the implications of these          Understand practical strategies they can employ to keep themselves and others safe</p>			
<p><b>5 Dealing with Bullying</b>          Understand forms of bullying and what it may look like          Be confident in using the Stop, Speak, Support Strategy when responding to bullying          Understand the impact of bullying on people</p>			
<p><b>6 Peer pressure</b>          Understand what we mean by peer pressure and how it may present itself          Gain the skills needed to say no to peer pressure confidently          Believe in your ability to make the correct decisions</p>			

<p><b>7 Money Management for a Better Future</b>          Understand the difference between want and need          Understand the importance of safe spending and saving          Provide participants with some tips on how to make/ save money</p>			
<p><b>8 Healthy mind and healthy body</b>          Increase participants awareness of their own health and wellbeing          Increase understanding on how to integrate more positive activities into their day-to-day life</p>			
<p><b>9 Looking After Me</b>          Participants practise at least one effective technique to handle stressful or difficult situations          Participants understand the importance of self-care          Participants explore what makes them happy</p>			
<p><b>10 Our Healthy Community</b>          Participants understand how to help others live a more safe and stable life          Participants know how to plan an activity/ social action project to help others in the area</p>			

Other comments:

Participant Signature: .....

I confirm all the programme learning outcomes have been satisfactorily achieved.

Tutor Signature: .....

Date: ...../...../.....

Verifier Signature: .....

Date: ...../...../.....

